

2016 PSAC CHAMPIONSHIP RESULTS

MEN'S RESULTS

PSAC Indoor Championships

Feb. 27-28, 2016
Edinboro, Pa.

400m

2. Derrick Washington - 49.27

800m

6. Khai Samuels - 1:57.06

3000m

7. Alec Lederer - 8:44.10

60m Hurdles

2. Steven Morgan - 8.28

4. Adam Robertino - 8.38

4x400m Relay

4. Garvey, Thomas, Walker,
Washington - 3:19.05

4x800m Relay

2. Glosser, Krieger, Halligan,
Samuels - 7:57.19

High Jump

1. William Berry - 6-9 3/4

Long Jump

5. Sean Hagerty - 22-0 3/4

Triple Jump

5. La Treil Ridgeway - 46-9

Weight Throw

1. Travis Toth - 60-7 1/4

Heptathlon

6. Eric Conard - 4414

PSAC Outdoor Championships

May 12-14, 2016
Mansfield, Pa.

200m

5. Akeim Thomas - 22.41

400m

1. Derrick Washington - 47.83

800m

5. Khai Samuels - 1:53.53

110m Hurdles

1. Steven Morgan - 14.43

6. Christian Castro - 15.02

400m Hurdles

7. Adam Robertino - 56.59

8. Christian Castro - 1:00.41

3000m Steeplechase

2. Alec Lederer - 9:32.13

4x100m Relay

3. Pendleton, Thomas, Morgan,
Monahan - 41.53

4x400m Relay

6. Walker, Garvey, Washington,
Samuels - 3:19.63

4x800m Relay

6. Walker, Garvey, Washington,
Samuels - 7:49.82

High Jump

1. William Berry - 6-9 1/2

Long Jump

3. Zach Dillon - 22-7 1/4

4. Sean Hagerty - 22-6 1/4

Hammer

1. Travis Toth - 202-5

Decathlon

3. Eric Conard - 6117

Team Scores

1. Shippensburg - 212

2. Slippery Rock - 95.5

3. ESU - 70

4. Lock Haven - 64.5

5. IUP - 64

6. Kutztown - 47

7. West Chester - 46

8. California - 28

9. Bloomsburg - 22

10. Mansfield - 20

11. Seton Hill - 16

12. Cheyney - 9

13. Pitt-Johnstown - 7

Team Scores

1. Shippensburg - 208.5

2. Slippery Rock - 123

3. ESU - 109

4. IUP - 82

5. Kutztown - 76

6. California - 70

7. West Chester - 61.5

8. Lock Haven - 45

9. Edinboro - 25

10. Bloomsburg - 19

11. Cheyney - 17

12. Seton Hill - 12

13. Pitt-Johnstown - 5

14. Mansfield - 4

WOMEN'S RESULTS

PSAC Indoor Championships

Feb. 27-28, 2016
Edinboro, Pa.

60m

6. Marissa Flim - 7.83

7. Tirzah Johnson - 7.85

800m

8. Kaylyn West - 2:19.42

Mile

7. Kaylyn West - 5:07.30

8. Chelsea Conover - 5:09.62

5000m

4. Allison Decker - 17:14.85

4x400m Relay

5. Dean, Harsch, Matthews,
Swingle - 3:58.24

4x800m Relay

1. Matthews, Young, Toth, West -
9:23.48

Distance Medley Relay

5. Young, Conover, Thomas,
Swingle - 12:42.61

PSAC Outdoor Championships

May 12-14, 2016
Mansfield, Pa.

5000m

4. Allison Decker - 17:36.63

6. Chelsea Conover - 17:40.01

10,000m

1. Allison Decker - 37:47.43

400m Hurdles

5. Jaid Harsch - 1:03.91

8. Kelley Anne Stuetz - 1:05.83

3000m Steeplechase

4. Kaylyn West - 11:14.84

4x400m Relay

3. Swingle, Dean, Harsch,
Matthews - 3:57.30

4x800m Relay

2. H. Decker, Young, Toth, West -
9:26.78

High Jump

3. Victoria Matthews - 5-5 1/4

5. Carly Gregas - 5-3 1/4

Pole Vault

t-6. Brandie Tartza - 11-1

Javelin

8. Taylor Watkins - 132-7

Heptathlon

8. Michayla Weitman - 3790

Team Scores

1. Slippery Rock - 135

2. Shippensburg - 117

3. Edinboro - 71

4. Bloomsburg - 63

5. California - 54

6. Millersville - 40

7. Kutztown - 39

8. Seton Hill - 38

9. ESU - 32

10. West Chester - 26

11. Lock Haven - 24

12. Pitt-Johnstown - 19

13. Mansfield - 17

14. Clarion - 12

15. IUP - 11

16. Cheyney - 4

Team Scores

1. Shippensburg - 177

2. Slippery Rock - 113

3. Millersville - 98

4. California - 80

5. Bloomsburg - 59

6. Seton Hill - 58.5

7. ESU - 56

8. West Chester - 45.5

9. Edinboro - 41

10. IUP - 34

11. Clarion - 29

12. Kutztown - 23.5

13. Pitt-Johnstown - 15

14. Mansfield - 14

15. Lock Haven - 11

16. Cheyney - 3.5

2016 TOP RESULTS

Men's Top Results

OUTDOOR SEASON

Running Events

100	Patrick Monahan	10.90	Bloomsburg
200	Akeim Thomas	21.96	PSAC
400	Derrick Washington	47.83	PSAC
800	Khai Samuels	1:53.53	PSAC
1,500	Sean Halligan	4:03.76	Lehigh
3,000	Dan Buccino	9:07.66	ESU
5,000	Alex Zubko	15:25.25	Bucknell
10,000	Jeremy Rapposelli	32:41.29	W&L
110 HH	Steven Morgan	14.35	Moravian
400 IH	Adam Robertino	55.12	Lafayette
3000 St.	Alec Lederer	9:29.13	Bucknell

Field Events

LJ	Sean Hagerty	22-8	ESU
TJ	La Treil Ridgeway	47-3 1/2	PSAC
HJ	William Berry	6-9 3/4	Bucknell
PV	Eric Conard	13-5 1/4	PSAC
Shot	Nate Sharrah	32-4 3/4	PSAC
Discus	Eric Conard	123-11	Lehigh
Hammer	Travis Toth	206-11	NCAA
Javelin	Tyler Hope	189-9	Bucknell
Decath.	Eric Conard	6,117	PSAC

Relays

4x100	41.53	PSAC
Pendleton, Thomas, Morgan, Monahan		
4x200	1:28.52	Penn Relays
Monahan, Garvey, Morgan, Washington		
4x400	3:19.63	PSAC
Walker, Garvey, Washington, Samuels		
4x800	7:49.82	PSAC
Glosser, Krieger, Halligan, Samuels		

INDOOR SEASON

Running Events

55	Akeim Thomas	6.60	Kutztown
60	Patrick Monahan	7.09	Staten Island
	Ernest Pendleton	7.09	PSAC
200	Akeim Thomas	22.44	PSAC
400	Derrick Washington	49.27	PSAC
500	Khai Samuels	1:08.88	Kutztown
600	Jared Glosser	1:24.70	DeSchriv
800	Khai Samuels	1:57.06	PSAC
1,000	Khai Samuels	2:34.86	Lehigh
Mile	Alec Lederer	4:27.09	Staten Island
3,000	Alec Lederer	8:44.10	PSAC
5,000	Alec Lederer	15:20.93	PSAC
55 HH	Steven Morgan	7.59	Kutztown
60 HH	Akeim Thomas	8.13	Staten Island

Field Events

LJ	Sean Hagerty	22-9	DeSchriv
TJ	La Treil Ridgeway	46-9	PSAC
HJ	William Berry	7-0 1/2	Kutztown
PV	Eric Conard	14-5 1/4	Kutztown
Shot	Eric Conard	35-8 1/2	Lehigh
Weight	Travis Toth	62-11 1/4	DeSchriv
Hept.	Eric Conard	4,414	PSAC

Relays

4x200	1:33.39	DeSchriv
Johnson-Troupe, Agee, Walker, Rembert		
4x400	3:22.17	DeSchriv
D'Eliseo, Boham, Walker, Washington		
4x800	7:58.53	PSAC
Halligan, Ruch, Mercado, Ott		
Distance Medley Relay	10:30.03	PSAC
Ott, Garvey, Ruch, Ruiz		

NCAA Championships

NCAA INDOOR CHAMPIONSHIPS

March 11-12, 2016
Pittsburg State (Kan.)

William Berry - High Jump

Finals - 6-9 (12th - 2nd team All-America)

Travis Toth - Weight Throw

Finals - 61-9 3/4 (10th - 2nd team All-America)

NCAA OUTDOOR CHAMPIONSHIPS

May 26-28, 2006
Bradenton, Fla. (IMG Academy)

Travis Toth - Hammer

Finals - 206-11 (5th - 1st team All-America)

* ESU and PSAC record

Women's Top Results

OUTDOOR SEASON

Running Events

100	Marissa Flim	12.37	PSAC
200	Kiana Farrar	25.87	ESU
400	Victoria Matthews	59.42	PSAC
800	Kaylyn West	2:16.34	West Chester
1,500	Kaylyn West	4:45.14	Lafayette
3,000	Chelsea Conover	10:18.19	ESU
5,000	Allison Decker	16:56.53	Penn Relays
10,000	Allison Decker	36:18.18	Bucknell
100 HH	Jaid Harsch	14.71	PSAC
400 HH	Jaid Harsch	1:03.91	PSAC
3000 St.	Kaylyn West	11:04.82	Bucknell

Field Events

LJ	Samantha Mason	17-6 3/4	Moravian
TJ	Tirzah Johnson	36-3	PSAC
HJ	Victoria Matthews	5-5 1/4	PSAC
PV	Brandie Tartza	11-1 3/4	Lafayette
Shot	Michayla Weitman	28-8 1/4	PSAC
Discus	Breaonna Brinson	112-1	ESU
Hammer	n/a		
Javelin	Taylor Watkins	132-7	PSAC
Hept.	Michayla Weitman	3,790	PSAC

Relays

4x100	48.08	Moravian
Johnson, Farrar, Dean, Flim		
4x200	1:44.11	Penn Relays
Johnson, Farrar, Dean, Flim		
4x400	3:57.30	PSAC
Swingle, Dean, Harsch, Matthews		
4x800	9:24.40	Penn Relays
West, Matthews, Toth, Young		

BOLD indicates school record

INDOOR SEASON

Running Events

55	Marissa Flim	7.30	DeSchriv
60	Marissa Flim	7.83	PSAC
200	Marissa Flim	26.69	Lehigh
400	Leiana Dean	59.71	Staten Island
500	Hope Decker	1:23.67	Lehigh
600	Kaylyn West	1:40.39	DeSchriv
800	Kaylyn West	2:19.42	PSAC
1,000	Kaylyn West	2:59.56	Armory
Mile	Kaylyn West	5:07.30	PSAC
3,000	Chelsea Conover	10:17.52	Armory
5,000	Allison Decker	17:14.85	PSAC
55 HH	Brandie Tartza	8.77	Kutztown
60 HH	Jaid Harsch	9.20	PSAC

Field Events

LJ	Tirzah Johnson	17-4 3/4	Kutztown
TJ	Tirzah Johnson	36-7	PSAC
HJ	Victoria Matthews	5-3	Lehigh, Staten Island
PV	Brandie Tartza	10-10 3/4	PSAC
Shot	Michayla Weitman	27-6 3/4	Kutztown
Weight	Taylor Campfield	34-7 1/2	Lehigh
Pent.	Michayla Weitman	2,678	PSAC

Relays

4x200	1:46.80	DeSchriv
Flim, Dean, Krayee, Weitman		
4x400	3:58.24	PSAC
Dean, Harsch, Matthews, Swingle		
4x800	9:23.48	PSAC
Matthews, Young, Toth, West		
Distance Medley Relay	12:39.88	Staten Island
West, H. Decker, Matthews, Young		